

## KIDS CHEWABLE MULTI

### Kids Chewable Multi Supplementation

Kids Chewable Multi is a comprehensive supplement designed to deliver essential vitamins, minerals, and organic vegetables in a fun and delicious format that supports the health and development of children, while also being suitable for adults.\* By delivering high-quality vitamins, minerals, and organic vegetables, this supplement supports immune function, promotes healthy growth and development, and provides comprehensive nutritional support for overall health and wellness.\* This is why healthcare practitioners recommend Kids Chewable Multi to ensure that children and adults receive the essential nutrients they need for optimal health.\*

Benefits of supplementing with Kids Chewable Multi may include:

- Supports healthy cellular and immune function\*
- Promotes healthy growth and development\*
- Promotes strong bones and teeth\*
- Supports healthy metabolism and thyroid function\*
- Supports muscle, nerve, and cardiovascular health\*
- Comes in two delicious flavors: orange cream and tropical punch

### How Kids Chewable Multi Works

By delivering a blend of essential vitamins, minerals, and organic vegetables, this supplement nourishes the body at the cellular level, promoting optimal health and development during critical growth phases.\* Each ingredient is carefully selected to support vital physiological processes, from immune function and cellular protection to healthy bone support and energy production.\*

**Vitamin A:** Crucial for the development and maintenance of healthy vision, vitamin A supports the differentiation and growth of epithelial cells, which form the body's first line of defense.\*<sup>1</sup> It also plays a key role in immune function by supporting healthy T-cell function, which is vital for the body's immune response.

**Vitamin C:** A potent antioxidant, it helps protect cells from oxidative stress by neutralizing free radicals.\*<sup>2</sup> It also supports collagen synthesis, an essential protein for the development of healthy skin, cartilage, tendons, and blood vessels.\* Furthermore, it also supports the healthy absorption of iron.\*

**Vitamin D:** Vitamin D is essential for calcium absorption in the gut, which is critical for the development of strong bones and teeth.\*<sup>3</sup> It also plays a role in modulating the immune response.\*

**Vitamin E:** As a fat-soluble antioxidant, vitamin E protects cell membranes from oxidative stress and supports healthy immune function.\*<sup>4</sup>



## How Kids Chewable Multi Works Continued

**B-Vitamins (Thiamine, Riboflavin, Niacin, B6, Folate, B12, Biotin, Pantothenic Acid):** B-vitamins are essential coenzymes in the metabolic processes that convert food into energy.<sup>5</sup> They play a critical role in the healthy development of the nervous system, brain function, and the formation of red blood cells, which are vital for oxygen transport and energy production in growing children.\*

**Calcium:** Calcium is the primary mineral responsible for building and maintaining strong bones and teeth.\*<sup>6</sup>

**Iodine:** Iodine is essential for the production of healthy thyroid hormones, which support healthy growth, development, and metabolism.\*<sup>7</sup> Sufficient iodine is crucial for promoting healthy brain development and cognitive function in children.\*

**Magnesium:** Magnesium is involved in over 300 biochemical reactions in the body, including muscle and nerve function, blood glucose, and protein synthesis.\*<sup>8</sup> It also supports the structural development of bones and is necessary for the healthy synthesis of DNA and RNA.\*

**Zinc:** Zinc plays a pivotal role in healthy immune function, protein synthesis, and DNA synthesis.\*<sup>9</sup>

**Selenium:** Selenium is a key component of antioxidant enzymes, such as glutathione peroxidase, which support healthy cellular function.\*<sup>10</sup> It also supports the immune system and plays a role in maintaining healthy thyroid function.\*

**Organic Veggie Blend:** This blend of spinach, broccoli, collards, cauliflower, and asparagus provides a source of phytonutrients and fiber.\*<sup>11</sup> These vegetables contribute additional vitamins, minerals, and antioxidants that support digestive health and overall well-being.\*

## Supplement Facts

### ORANGE CREAM

Serving Size: 2 Tablets

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as Natural Beta Carotene)	300 mcg	33%
Vitamin C (as Magnesium Ascorbate and Calcium Ascorbate)	250 mg	278%
Vitamin D (as Cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (as D-Alpha Tocopheryl Succinate)	20.1 mg	134%
Thiamine (as Thiamine HCl)	1.5 mg	125%
Riboflavin (as Riboflavin-5-Phosphate Sodium)	1.7 mg	131%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxal-5-Phosphate)	2 mg	118%
Folate (as [6S]-5-Methyltetrahydrofolate Acid, Glucosamine Salt) (Quatrefolic®)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	6 mcg	250%
Biotin	300 mcg	1,000%
Pantothenic Acid (as Calcium-D-Pantothenate)	10 mg	200%
Calcium (as Calcium Carbonate and Calcium Ascorbate)	100 mg	8%
Iodine (from Kelp)	15 mcg	10%
Magnesium (as Magnesium Oxide and Magnesium Ascorbate)	40 mg	10%
Zinc (as Zinc Gluconate)	3 mg	27%
Selenium (as L-Selenomethionine)	20 mcg	36%

### Amount Per Serving %DV\*

Copper (as Copper Amino Acid Chelate)	.05 mg	6%
Manganese (as Manganese Gluconate)	2 mg	87%
Chromium (as Chromium Picolinate)	40 mcg	114%
Molybdenum (as Sodium Molybdate)	5 mcg	11%
Organic Veggie Blend:	50 mg	**
Organic Spinach Leaf Powder, Organic Broccoli Sprout Powder, Organic Collards Leaf Powder, Organic <i>Brassica oleracea var. gemmifera</i> Sprout Powder, Organic Cauliflower Bulb Powder, Organic Asparagus Root Powder.		
Citrus Bioflavonoid Peel Powder Complex	10 mcg	**
Boron (as Boron Citrate)	20 mcg	**
Vanadium (as Vanadium Krebs)	3 mcg	**

**Other Ingredients:** Sorbitol, xylitol, microcrystalline cellulose, stearic acid, natural flavors, magnesium stearate, silicon dioxide, rebaudioside a (from stevia leaf extract), citric acid.

Quatrefolic® is a registered trademark of Gnosis S.p.A, U.S. Patent No. 7,947,662.

**Directions:** Children of safe chewing age, chew two tablets daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children. This product is intended for use under adult supervision.

#### References:

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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